

THE POWER OF SELF-CARE ... The NHS and Beyond

Tuesday 14 June 2022, 10am- 4pm,
Market Place

Find out about help and support available
for you, your family and friends.

PRACTISE SELF CARE FOR LIFE

NHS



Organised by the Patient Participation Groups from GP
surgeries in the Cirencester area, with support from
Cirencester Town Council, local charities and health
and care services.

HEALTH AND WELLBEING WEEK

 **JUNE 11TH - 19TH 2022** 

Market Place & Abbey Grounds

- Sat 11th - Farmers Market
- Sun 12th - Vegan Market
- Sun 12th - Pride Event
- Tues 14th - The NHS & Beyond
- Weds 15th - Churn & Partners
- Thur 16th - Charities & Groups
- Sat 18th - Sports & Activities
- Sun 19th - Armed Forces Day

ACTIVITIES

ASSESSMENTS

MUSIC

INFORMATION

LEARN

ADVICE

CONSULTATION

PERFORMANCES

DEMONSTRATIONS

PARTICIPATION

